

PRATHEEKSHA PALLIATIVE CARE UNIT

Activity Report – November 2016

- Palliative unit members provided volunteer support for the successful conduct of the two day Mallappuram District Volunteer meet held at MES Ponnani College Auditorium on 12 & 13 November 2016. Almost 550 active volunteers from whole of Malappuram attended the meet. The students provided whole hearted support for the successful conduct of the program and had fruitful interactions with senior volunteers.



Fig; A glimpse from the Malappuram District Palliative Vollunteer meet.

- In connection with the observance of international breast cancer awareness month, Pratheeksha Palliative care unit of the college organized a breast cancer awareness seminar entitled ‘Athijeevanam’ on 7th November 2016. Sri. Hussain Cheruthuruthy, Director Wellness Foundation handled the session. Sri O. C. Salahudhheen, Secretary, MES Ponnani College inaugurated the function. He keenly described the palliative care activities under taken by MES authorities at MES medical college, Perinthalmanna. Principal Dr. T. P. Abbas presided the function. Smt. Sabna. M, Coordinator, Pratheekshha palliative unit made the opening remarks. Dr. A. R. Sina, Staff club secretary, Smt. Jayasree K. M. , HOD Malayalam , Miss Sameera, Nurse, Shanthi Palliative unit felicitated over the function.

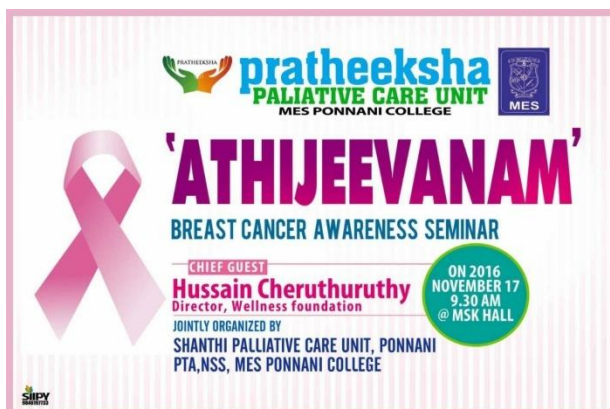


Fig: Inauguration of Breast cancer awareness seminar ‘Athijeevanam

- Sri. Hussain Cheruthuruthy pointed that the incidence of breast cancer patients is increasing alarmingly in Kerala. The RCC reports says that it constitute 30% of total cancer patients. The problem mainly lies in the late detection which results in the death of patients. He added that only way to control the death rate is self detection. He provided tips for self detection Students and housewives made fruitful interactions and cleared their queries.



Fig : Breast cancer awareness class by Sri. Hussain Cheruthuruthy

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- Under the auspices of Palliative care unit of the college, an awareness class was given to the selected first year UG students on 25-10-2016 at MSK hall. Smt. Sabna. M, Cordinator of the cell made the opening remarks. Sri. Rasheed Marancherry handled the session and explained the relevance and importance of palliative care in the present society. Students cleared their doubts through effective intractions.



Fig: Introduction to palliative care by Rasheed Marancherry

- An interaction session of the members of the unit was arranged with Sri. Anas, SIP coordinator, of malappuram district 31-10-16 at Physics smart room. He explained different activities that could be successfully taken up in the colleges.



Fig: Interaction with SIP coordinator, Sri. Anas

- 'One day one rupee for one life' campaign was inaugurated by Principal Prof. T. P. Abbas. The Palliative care unit members and union members made a class wise campaign on the importance of palliative care and the need of developing empathy towards our fellow human beings. A collection box was given to each class.



Fig: Inauguration of 'One day One Rupee for One life Campaign' by Principal